FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* DELANEY MARTIN J				2. Issuer Name and Ticker or Trading Symbol TEAMSTAFF INC TSTF					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
DELAI	NE Y MA	RIIN J		-	I I I I I I I I I I I I I I I I I I I				X	Director		10%	Owner			
(Last)	(F	irst)	(Middle)		Date of Earliest Transaction (Month/Day/Year)					X	Officer (below)	give title	Othe belo	r (specify v)		
300 ATRIUM DRIVE					01/18/2005						Senior Vice President					
(Street)				4	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)				
SOMER	SET N	J	08873								X	Form fil	ed by One F	Reporting Pe	son	
(City)	(S	itate)	(Zip)	_								Form filed by More than One Reporting Person				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned															
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				•	Execution Date,		Code (Instr.			5. Amount Securities Beneficial Owned Fo	s F	6. Ownership Form: Direct D) or Indirect I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
							Code V	Amount	(A) or (D)	Price	Reported Transaction (Instr. 3 ar			(Instr. 4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ercise (Month/Day/Year) of ative	3A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	Owners Form: Direct or Indi (I) (Inst	Beneficial Ownership ect (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	n(s)		
Employee Stock Options	\$1.75	01/18/2005	-	A		100,000		01/05/2006 ⁽¹⁾	01/18/2010	Common Stock	100,000	\$0.00	100,000) D		

Explanation of Responses:

1. The options granted to the reporting person will vest as follows: 50,000 options will vest on January 5, 2006 and 50,000 options will vest on January 5, 2007.

/s/ Martin J. Delaney

01/18/2005

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.