FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
houre per reenonce:	0.5						

_	Check this box if no longer subject to Section 16.
	Form 4 or Form 5 obligations may continue. See
$\overline{}$	Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					OI .	Section 30	(n) of the II	ivestillerii	COM	July Act of	1940									
Name and Address of Reporting Person* ALLEN JAMES P					2. Issuer Name and Ticker or Trading Symbol DLH Holdings Corp. [DLHC]								(Chec	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
TILLLIN JAMINILO I	-						-		-				2	•	Director			10% Ow	ner	
(Last) (First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) 10/01/2022										Officer (give tit	le below))	Other (s	ecify below)	
3565 PIEDMONT ROAD, N.E., BLDG. 3-700																				
(Street) ATLANTA GA 30305				_ 4	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person							
ATLANTA	GA	30.	305											Form filed by More than One Reporting Person						
(City)	(State)	(Zip	p)																	
			Table I -	Non-D	erivative	e Securi	ities Acc	uired,	Disp	osed of	, or Be	neficially	Owned							
Di			Date	te Execution if any		xecution Date, any				ities Acquired (A) or Dispose r. 3, 4 and 5)			Be	neficially Owned llowing Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial		
						(Month	(Month/Day/Year)		v	Amount		(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)				Ownership (Instr. 4)	
Common Stock ⁽¹⁾				10	/01/2022			A		8,1	50	A	\$0		65,824	65,824 D				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Trans Code (In	nstr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisal Expiration Date (Month/Day/Year		9	Underlying Derivative Sec				8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securiti Benefici Owned	ve es ially	Ownership Form: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Security			Code	v	(A)	(D)			Expiration Date			Amount of Number of Shares			Following Reported Transaction(s (Instr. 4)		(Instr. 4)		

Explanation of Responses:

1. Grant of restricted stock units pursuant to the Company's 2016 Omnibus Equity Incentive Plan. The award vests in full on September 30, 2023.

Remarks:

/s/ James P. Allen

** Signature of Reporting Person

10/04/2022

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

Know all by these presents that the undersigned, James P. Allen, hereby constitutes and appoints each of Michael A. Goldstein and Sarah E. Kle:

- (1) execute for and on behalf of the undersigned, in the undersigned's capacity as a Director of DLH Holdings Corp. (the "Company"), a Fori
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any si
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be or

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform all and every act and thing whatsoever This Power of Attorney supersedes any power of attorney previously executed by the undersigned regarding the purposes outlined in the first pa This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 or 5 with respect IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 13th day of July, 2017.

_/s/ James P. Allen_____ Name: James P. Allen